

## AIMS AND OBJECTIVES

To introduce and stimulate internal Games and sports of all kinds amongst the greatest number of students and to encourage the highest possible standards in these sports and games. It represents you in sports leadership, plans and coordinates all games and activities and ensures they follow university sports rules. The Union organizes exciting competitions, works with other institutions and keeps sports equipment in top shape all to create opportunities for every student to participate, compete and shine in sports at Makerere.

## STUDENT RESPONSIBILITIES

- . To take part in at least one sport.
- . To represent your hall of residence and the university.
- . Morale boost your teams.

## BENEFITS

- . Awards and Prizes
- . CV build up
- . Health living and fitness
- . Talent nurturing and honours.
- . Traveling and exploring
- . Boosts self esteem
- . Lowers risks of cardiovascular diseases.
- . Reduces stress ie enhances mental health
- . Social networking and social skills
- . Leadership and team building skills

## MEMBERSHIP

Student membership is open to all full-time students at Makerere University and are attached to a Hall of Residence. Registration for sports and activities is essential to each student.



### Contact Information

☎ 070 - 351251 / 070 - 4923105

070 - 1603550

f @makeresports

**Offices Located  
along Makerere University Pool Road  
P.O.Box 7062**



**MAKERERE UNIVERSITY  
SPORTS AND RECREATION DEPARTMENT  
GAMES UNION**

Sports & Recreation Department is the hub of student Sport life, fostering a vibrant culture of Participation, competition and recreation. It provides students with opportunities to engage in organized and informal sporting activities, building a strong sense of community and school spirit.



## ADMINISTRATION AND MANAGEMENT

### DEAN OF STUDENTS

Dr. Whinfred Namuwonge Kabumbuli

### AG. DEPUTY DEAN IN CHARGE SPORTS

Mr. Brian Miro Nsubuga

### Sports Tutors

Ms. Jajia Nassali

Mr. Joseph Mugera

## GAMES UNION STUDENTS EXECUTIVE

Chairperson 0702387577

Akamp Bob Derrick

Vice Chairperson 0708871610

Kitibwa Sophia

Male GRC Sports 0751132834

Kavule Edrine

Female GRC Sports 0759312283

Karungi Irene

Finance Secretary 0700558935

Ssebulime Daniel

General Secretary 0756246506

Magomu Jonah

Women Affairs Secretary 0780553308

Bahati Hope Victor

Persons with Disabilities Representative

Arind Pearl 0741268274

Publicity Secretary 0782379652

Nkundabose Francis

Equipments Secretary 0766363146

Mugenyi Allan

SPORT	COACH	CONTACT
Basketball	Mavita Ali	0772319503
Karate	Mwanje Ronald	0703147449
Netball	Ndibalekera Rebecca	0705932534
Swimming	Tamale Thomas	0782905907
Adapted Sports	Ssenkungu Jameson	0704090698
CHESS	Turyahabwe Chris	0701847104
Badminton	Muwuluzi Frank	0759732311
Tennis	Ssenyanghe Charles	0772570183
Soccer Women	Ndawula Fred	0753331111
Soccer Men	Kasoti William	0782581147
Handball	Kisa Ivan	0705950208
Woodball	Sunday Godfrey	0751153152
Volleyball	Zungu Fahad	0700193032
Squash	Mujabi Johnson	0702560689
Rugby	Nkamba Alvin	0785469219

### SPORTS FACILITIES CONTACT

Ms. Phoebe Tamusuzza

0782806535

Mr. Safari Jamil

0772625981

Mr. Ssendikadiwa Edward

0755538157

### SPORTS EQUIPMENT

All sports equipment is safely stored and managed by the Games Union to ensure its available for student use. Students can access it through their team captains, coaches or directly from the Games Union office. Equipment is issued for training, competitions and recreation, and must be signed out, used responsibly and returned in good condition. The Union keeps a full inventory, maintain and repairs gear when needed and regularly replaces worn-out items so every student has the tools to play, compete and enjoy sports at makerere.

## SPORTS AND GAMES OFFERED

The Department offers a variety of sports which include chess, Scrabble, Football, Badminton, Volleyball, Rugby, Hockey, Woodball, Netball, Handball, Basketball, Squash, Tennis, Martial arts, Swimming, Athletics, Table tennis, etc

### SPORTS FACILITIES

Football, volleyball, Netball, Hockey, Basketball, tennis and Ring Tennis at the main sports ground below Mary Stuart Hall. A multi purpose indoor stadium between Nsibirwa and Mitchell hall, Rugby Pitch (Graveyard) below Nsibirwa hall Handball pitch behind Africa Hall. Badminton in Lumumba Hall. All minds sports played within halls of residence.

## GAMES UNION AFFILIATIONS

National Council of Sports (NCS)

Association of Uganda University Sports (AUUS)

Federation of East African University Sports (FEAUS)

Federation of Africa University Sports (FASU)

Federation of International University Sports (FISU)

## SPORTS PROGRAMMES

### Intra Mural competitions

1. Inter-Hall games
2. Inter-college games
3. Closed Championship

### Extra Mural competitions:

1. Open Championship
2. National Championship
3. Regional Championship
4. International Championship