

Suits are my trademark

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Gilbert Mukama

They should be clean because their appearance speaks volumes about who they are and their status. Gone are the days when people used to think that men become men when they are untidy.

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Gilbert Mukama is the former Education minister at Makerere University Business School, now called Metropolitan University of Business Studies.

He is an IT consultant, teacher at St Andrew's College, Ssanda, and the International Young Catholic Students (IYCS) contact person in Uganda. He spoke to Alon Mwesigwa about grooming.

You look elegant in your suits.

Thank you; suits are my trademark. When I wear suits, I look like a gentleman. They also suit my kind of work as a consultant and teacher.

Save for suits, what else can we find in your wardrobe?

I like casual jeans and T-shirts. I wear them on weekends and during my leisure time, especially in the evenings after work.

Where do you shop from?

I don't have a specific place but I get most of my suits from Select Garments. For the T-shirts and other casual wear, I get them from downtown like Capital Shoppers, which has good-quality stuff.

How often do you visit a barber?

Twice a week. I really don't like people with rugged hair, the reason I keep my hair short. I do shave from Cuts and Combs salon in Najjeera.

Do you use a deodorant?

Yes. Men should endeavour to apply it a little bit when they are going anywhere. You don't want to inconvenience others with bad odour. Deodorants are really cheap like Nivea for Men Fresh Active.

Did you clean your room before going out today?

Of course I cleaned it. Some people think that bachelors are dirty because we have no wives to clean after us. I make my bed, clean my living room and make sure everything is okay at home before I move out.

Does your girlfriend help with any of these?

When she visits, she helps me wash clothes and utensils.

What would you tell men out there about cleanliness?