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Uganda: Niyitegeka Credits Wife for His Style

Michael Niyitegeka is a lecturer at the School of Computing and Information Sciences at Makerere University and an adjunct lecturer at ESAMI Business School. He is also a sharp dresser who credits his wife for his style. He told Alon Mwesigwa more about style and grooming.

Times have really changed. Looking [good] is also relative but the ideals of smartness have not changed. The dress etiquette for different occasions still holds irrespective of the generation. Fashions and styles change but the principles have remained the same.

We are both active in shopping for ourselves. If she finds something good, she will buy it for me. I procrastinate a lot when it comes to shopping for myself.

I am not an impulsive shopper. I really shop when I have to. If I travel somewhere and find a good shirt, I will buy it. I pay attention to good stuff; I have shirts from downtown and [have] no remorse about it. The truth, though, is I no longer go there as often as I used to.

No, I am not that kind of person that when it's not Marks and Spencer or Gucci, I won't buy it. My rule of the thumb is if it is good and I really need it and within my means, I will go for it. I also love tailored trousers and suits for one simple reason - perfect fitting. I am very particular about that.

She is my total make-over consultant. She pays attention to detail, occasion, venue and expected guests before she recommends something. And often, she is spot-on!

I can't move out without my belt, wedding ring which makes me complete, my wrist watch and pen. It is a Parker pen; I learnt this from my dad.

The most important thing is that men need to know themselves. Understand what makes you smart and be sensitive to the occasion. Exercise regularly; eat healthy food as clothes only complement a great body shape.

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