



Centre for
Public Mental Health

Strengthening public mental health in Africa

STELLENBOSCH UNIVERSITY
Department of Psychology



UNIVERSITY OF CAPE TOWN
Department of Psychiatry and Mental Health



Dear Colleague,

We are planning to offer two new academic teaching programmes at the Centre for Public Mental Health (CPMH) from January 2012:

- a Postgraduate Diploma in Public Mental Health,
- a MPhil in Public Mental Health

These distance learning courses are the first of their kind on the African continent. The Centre is a joint initiative of the Department of Psychology at the University of Stellenbosch and the Department of Psychiatry and Mental Health at the University of Cape Town. The two departments have established the Centre as an independent, inter-disciplinary academic research and teaching centre for public mental health promotion and service development in Africa. This is in recognition of the need to prioritise mental health on the public health agenda; to develop professional mental health capacity; and to develop policy, service and legislative frameworks to scale up systems of mental health care in Africa.

The establishment of this Centre has been strongly supported by the WHO Department of Mental Health and Substance Abuse in Geneva, the WHO African Regional office in Brazzaville, and a number of national and international experts in the field.

The CPMH is set to become a leading centre of multi-disciplinary excellence in public mental health research that uses evidence-based research findings for teaching, consultancy and advocacy to promote mental health development in Africa.

Please see the attached brochures for further information about the Centre, and details of the new courses.

We would like to gauge the level of interest in the courses, and kindly request that you please fill in the attached form and return to ereshia@sun.ac.za, by 3 June 2011. It should not take more than a few minutes to complete. Please note, however, that this does not constitute an application to the course – it is merely an indication of potential interest in the course.

Your assistance in this regard is much appreciated!

Kind regards,

A/Prof Crick Lund